

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 1, 2025 thru Sep 5, 2025

PRE-K BIC # 2

Generated on: 9/2/2025 7:49:35 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/01/2025																
PRE-K BIC # 2	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/02/2025																
PRE-K BIC # 2	Total	300														
Muffins, Blue-Buena Vista 22	1 ea	300	230	25	240	2.00	1.80	20.0	85	0.0	17	4.0	39.0	7.0	1.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			381	40	391	2.41	1.93	376.4	631	1.84	38	13.29	60.89	9.66	2.55	0.00
% of Calories											40.4%	14.0%	64.0%	22.8%	6.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/03/2025																
PRE-K BIC # 2	Total	300														
CHEESE PIZZA BAGEL, PS 25'	SERVING	300	320	30	288	3.76	2.45	417.3	*533	*2.14	*4	19.27	38.13	9.2	6.07	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			479	45	438	5.69	2.45	767.3	*1067	*2.14	*25	28.26	61.77	11.70	7.57	0.00
% of Calories											*20.7%	23.6%	51.6%	22.0%	14.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/04/2025																
PRE-K BIC # 2	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			264	15	255	4.00	12.78	460.0	850	127.20	26	11.00	45.00	3.50	1.50	0.00
% of Calories											39.4%	16.7%	68.2%	11.9%	5.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/05/2025																
PRE-K BIC # 2	Total	300														
Oats, Overnight Berry	1 Cup	300	195	4	52	3.44	1.45	220.8	88	7.48	*10	7.98	33.01	2.37	0.58	*0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			370	19	216	3.44	1.45	580.8	688	37.47	*38	17.98	61.01	4.87	2.08	*0.00
% of Calories											*41.5%	19.4%	65.9%	11.8%	5.1%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			373	30	325	3.89	4.65	546.1	*809	*42.16	*32	17.63	57.17	7.43	3.43	*0.00
											*76.9%	18.9%	61.2%	17.9%	8.3%	*0.0%

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Base Menu Spreadsheet

Portion Values - Detailed

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Sep 1, 2025 thru Sep 5, 2025

PRE-K BIC # 2

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) Miss Data	Sodm (mg) Shortfall	Fiber (g) Overage	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	373		350 - 500	100%													
Cholesterol (mg)	30																
Sodium 1 (mg)	325		540	60%													
Fiber (g)	3.89																
Iron (mg)	4.65																
Calcium (mg)	546.1																
Vitamin A (IU)	809																
Sugars (g)	32	34.19%			Missing												
Vitamin C (mg)	42.16				Missing												
Protein (g)	17.63	18.89%			Missing												
Carbohydrate (g)	57.17	61.23%															
Total Fat (g)	7.43	17.91%	<=30.00%														
Saturated Fat (g)	3.43	8.26%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%			Missing												

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 8, 2025 thru Sep 12, 2025

PRE-K BIC # 2

Generated on: 9/2/2025 7:49:49 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/08/2025																
PRE-K BIC # 2	Total	300														
Muffins, Apple Cinn-Dave's	1 each	300	246	30	115	0.80	1.20	11.0	52	1.2	18	3.2	42.0	7.2	0.90	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	299	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			459	45	267	2.41	1.32	363.7	566	1.26	54 47.4%	12.25 10.7%	81.09 70.6%	10.03 19.7%	2.43 4.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/09/2025																
PRE-K BIC # 2	Total	300														
Pudding, Rice and Shine	1/2 Cup	300	149	6	90	0.57	0.28	271.9	250	1.48	*5	6.91	25.87	1.91	0.98	*0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			300	21	241	0.98	0.42	628.4	796	3.32	*26 *35.0%	16.20 21.6%	47.76 63.8%	4.57 13.7%	2.53 7.6%	*0.00 *0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/10/2025																
PRE-K BIC # 2	Total	300														
CEREAL,RICE CHEX BOWL 10 Z'25	BOWL	300	111	0	233	1.01	9.11	91.1	506	3.64	2	2.03	24.3	0.51	0.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			321	15	384	3.64	9.37	446.2	1071	12.43	28 35.3%	12.13 15.1%	61.37 76.4%	3.34 9.4%	1.61 4.5%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Portion Values - Detailed

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Sep 8, 2025 thru Sep 12, 2025

PRE-K BIC # 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/11/2025																
PRE-K BIC # 2	Total	300														
Snack'n Waffles, Maple	pkg	300	250	44	290	2.00	1.44	30.0	75	0.0	15	6.0	37.0	9.0	4.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			404	59	440	4.00	1.62	390.0	625	123.60	35	15.00	59.00	11.50	5.50	0.00
% of Calories											34.7%	14.9%	58.4%	25.6%	12.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/12/2025																
PRE-K BIC # 2	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			449	20	395	3.93	2.00	935.0	564	0.00	56	16.00	82.64	5.50	2.00	0.00
% of Calories											49.7%	14.3%	73.7%	11.0%	4.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			387	32	345	2.99	2.95	552.7	724	28.12	*40 *93.0%	14.32 14.8%	66.37 68.7%	6.99 16.3%	2.81 6.6%	*0.00 *0.0%
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Sep 8, 2025 thru Sep 12, 2025

PRE-K BIC # 2

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) Miss Data	Sodm (mg) Shortfall	Fiber (g) Overage	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (If any)
Calories	387		350 - 500	100%														
Cholesterol (mg)	32																	
Sodium 1 (mg)	345		540	64%														
Fiber (g)	2.99																	
Iron (mg)	2.95																	
Calcium (mg)	552.7																	
Vitamin A (IU)	724																	
Sugars (g)	40	41.36%			Missing													
Vitamin C (mg)	28.12																	
Protein (g)	14.32	14.81%																
Carbohydrate (g)	66.37	68.68%																
Total Fat (g)	6.99	16.27%	<=30.00%															
Saturated Fat (g)	2.81	6.55%	<10.00%															
Trans Fat ¹ (g)	0.00	0.00%			Missing													

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Rialto Unified School District

Sep 15, 2025 thru Sep 19, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcsm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/15/2025																
PRE-K BIC # 2	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	299	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			323	15	257	3.61	12.72	452.7	814	3.66	42 51.9%	11.05 13.7%	62.09 76.8%	3.83 10.7%	1.53 4.2%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/16/2025																
PRE-K BIC # 2	Total	300														
Croissant,Sausage & Cheese '25	1 Each	300	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			373	50	557	2.62	1.74	510.7	728	1.84	24 25.7%	21.43 23.0%	40.17 43.1%	13.96 33.7%	6.98 16.8%	0.16 0.4%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/17/2025																
PRE-K BIC # 2	Total	300														
Waffles, Fun N Fruti '24	pkg	300	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Portion Values - Detailed

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Sep 15, 2025 thru Sep 19, 2025

PRE-K BIC # 2

Generated on: 9/2/2025 7:50:10 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			369	50	440	3.93	1.08	358.0	534	0.00	31 33.4%	14.00 15.2%	54.64 59.3%	10.50 25.6%	3.00 7.3%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 09/18/2025																
PRE-K BIC # 2	Total	300														
Muffins, Banana-Buena Vista 22	1 ea	300	230	20	200	2.00	1.80	20.0	80	0.0	16	4.0	39.0	7.0	1.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			384	35	350	4.00	1.98	380.0	630	123.60	36 37.5%	13.00 13.5%	61.00 63.5%	9.50 22.3%	2.50 5.9%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/19/2025																
PRE-K BIC # 2	Total	300														
CROISSANT W/ CHOC SPREA D 25'	SVG	300	358	0	339	4.21	3.21	93.2	*N/A*	*N/A*	12	10.54	45.61	16.07	3.66	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			533	15	503	4.21	3.21	453.2	*600	*30.00	40 29.9%	20.54 15.4%	73.61 55.2%	18.57 31.3%	5.16 8.7%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			396	33	421	3.67	4.15	430.9	*661	*31.82	35 78.4%	16.00 16.1%	58.30 58.8%	11.27 25.6%	3.83 8.7%	0.03 0.1%
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Rialto Unified School District

Sep 15, 2025 thru Sep 19, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	396		350 - 500	100%													
Cholesterol (mg)	33																
Sodium 1 (mg)	421		540	78%													
Fiber (g)	3.67																
Iron (mg)	4.15																
Calcium (mg)	430.9																
Vitamin A (IU)	661					Missing											
Sugars (g)	35	34.83%															
Vitamin C (mg)	31.82					Missing											
Protein (g)	16.00	16.15%															
Carbohydrate (g)	58.30	58.82%															
Total Fat (g)	11.27	25.59%															
Saturated Fat (g)	3.83	8.70%															
Trans Fat ¹ (g)	0.03	0.07%															

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Rialto Unified School District

Sep 22, 2025 thru Sep 26, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 1

Generated on: 9/2/2025 7:50:29 AM

	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/22/2025																
PRE-K BIC # 2	Total	300														
Muffins, DBL ChocBuena Vista	1 ea	300	350	35	390	3.96	6.30	60.4	*N/A*	*N/A*	31	6.0	59.0	10.99	3.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			509	50	540	5.89	6.30	410.4	*534	*0.00	52 40.7%	15.00 11.8%	82.64 64.9%	13.49 23.8%	4.50 8.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/23/2025																
PRE-K BIC # 2	Total	300														
Snack'n Waffles, Cinnamon	pkg	300	250	44	290	2.00	1.44	30.0	75	0.0	15	6.0	37.0	9.0	4.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			401	59	441	2.41	1.57	386.4	621	1.84	36 36.4%	15.29 15.3%	58.89 58.8%	11.66 26.2%	5.55 12.5%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/24/2025																
PRE-K BIC # 2	Total	300														
BAGEL W/ CREAM CHEESE, P S 25'	SERVING	300	233	20	290	3.30	1.80	37.0	*N/A*	*N/A*	4	7.9	36.5	6.61	4.06	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 22, 2025 thru Sep 26, 2025

PRE-K BIC # 2

Generated on: 9/2/2025 7:50:29 AM

	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			443	35	441	5.93	2.06	392.1	*565	*8.79	30 27.4%	18.00 16.3%	73.57 66.4%	9.44 19.2%	5.67 11.5%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 09/25/2025																
PRE-K BIC # 2	Total	300														
CEREAL,MALT-O, SCOOTERS'25	BOWL	300	156	0	260	3.90	11.69	129.9	650	19.49	*N/A*	5.2	29.89	2.6	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			310	15	410	5.90	11.87	489.9	1200	143.09	*20 *25.8%	14.20 18.3%	51.89 67.0%	5.10 14.8%	1.50 4.4%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/26/2025																
PRE-K BIC # 2	Total	300														
BREAD,BANANA K-5	1/2 Slice	300	311	31	166	3.43	1.02	26.2	70	2.94	*27	3.96	45.76	14.21	1.30	*0.00
Juice, apple 4oz. DW-2024	1 EACH	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	1 EACH	299	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			486	46	331	3.43	1.02	376.2	570	32.94	*56 *46.4%	12.96 10.7%	74.76 61.5%	16.71 30.9%	2.80 5.2%	*0.00 *0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			430	41	433	4.71	4.57	411.0	*698	*37.33	*39 *81.7%	15.09 14.0%	68.35 63.6%	11.28 23.6%	4.00 8.4%	*0.00 *0.0%
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Rialto Unified School District

Sep 22, 2025 thru Sep 26, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	430		350 - 500		100%												
Cholesterol (mg)	41																
Sodium 1 (mg)	433		540		80%												
Fiber (g)	4.71																
Iron (mg)	4.57																
Calcium (mg)	411.0																
Vitamin A (IU)	698					Missing											
Sugars (g)	39	36.30%				Missing											
Vitamin C (mg)	37.33					Missing											
Protein (g)	15.09	14.04%															
Carbohydrate (g)	68.35	63.62%															
Total Fat (g)	11.28	23.62%	<=30.00%														
Saturated Fat (g)	4.00	8.39%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Sep 29, 2025 thru Sep 30, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 1

Generated on: 9/2/2025 7:50:46 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/29/2025																
PRE-K BIC # 2	Total	300														
Croissant, Ham & Swiss '25	serving	300	300	22	580	0.00	6.00	155.0	0	0.0	4	13.0	27.0	15.0	9.00	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	299	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			513	37	732	1.61	6.12	507.7	514	0.06	40 31.2%	22.05 17.2%	66.09 51.5%	17.83 31.3%	10.53 18.5%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Tue - 09/30/2025																
PRE-K BIC # 2	Total	300														
Muffins, Blue-Buena Vista 22	1 ea	300	230	25	240	2.00	1.80	20.0	85	0.0	17	4.0	39.0	7.0	1.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			381	40	391	2.41	1.93	376.4	631	1.84	38 40.4%	13.29 14.0%	60.89 64.0%	9.66 22.8%	2.55 6.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			447	39	561	2.01	4.03	442.1	572	0.95	39 79.0%	17.67 15.8%	63.49 56.8%	13.75 27.7%	6.54 13.2%	0.00 0.0%

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 29, 2025 thru Sep 30, 2025

PRE-K BIC # 2

Generated on: 9/2/2025 7:50:46 AM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target*	Cholst (mg) Miss Data	Sodm (mg) Shortfall*	Fiber (g) Overage*	Iron (mg) Error Messages (if any)*	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	447		350 - 500														
Cholesterol (mg)	39																
Sodium 1 (mg)	561		540														
Fiber (g)	2.01																
Iron (mg)	4.03																
Calcium (mg)	442.1																
Vitamin A (IU)	572																
Sugars (g)	39	35.10%															
Vitamin C (mg)	0.95																
Protein (g)	17.67	15.81%															
Carbohydrate (g)	63.49	56.80%															
Total Fat (g)	13.75	27.67%	<=30.00%														
Saturated Fat (g)	6.54	13.16%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

*Data comparisons are not available for one or two day selections

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